

What might suicide prevention look like if we centred life, rather than death?

About the project

Discovering Liveability is an ambitious 7-year research project that aims to change the current focus of suicide prevention from **crisis intervention to liveability**. Instead of asking how we can prevent people dying, liveability asks:

How might we create environments and societies that are more liveable?

Who are we?

The project is led by **Amy Chandler (University of Edinburgh)** and **Ana Jordan (University of Lincoln)**, with a growing team of researchers and individuals with lived or living experience of suicide.



At the heart of the project are lived and living experiences of suicide. We are working with researchers, activists and collaborators from across the world to explore what these experiences mean in practice and how they can shape approaches to suicide prevention and research.

What will we do?

This project is made up of 4 'work packages', each with a different focus.



All 4 work packages will run research activities over 7 years: 2024-2031

We will use a variety of research methods that focus on people's real-life experiences:



Spending time in places and communities (Ethnography).



Having in-depth conversations (Interviews).



Looking closely at government policies relating to suicide.



Using art-based methods to explore new ways of thinking about suicide.

Looking ahead: 'The Liveability Hub' (Name to be confirmed!)

Right now, we are working towards establishing an international hub for research, policy, and community engagement focused on lived and living experience of suicide. It will be officially launched in 2027, year 3 of the project.

The Hub will host researchers with lived/living experiences of suicide, as well as being a centre for connection, collaboration, engagement and knowledge exchange.



Get in touch to collaborate and learn more.



Our website

<https://blogs.ed.ac.uk/discovering-liveability/>



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