



Our Regular Newsletter

#001 | 6th November 2025

Today we're excited to launch our first official newsletter: In the Loop.

As a large research project with many different parts, we've spent much of the first year building essential groundwork: carrying out systematic literature reviews, establishing essential policies and administrative processes and growing our team, hiring brilliant research team members to carry out the many pieces of work we have planned.

Now our activities are ramping up, we're introducing this quarterly newsletter which brings together all kinds of updates from across Discovering Liveability. In addition to Discovering Liveability, we'll also use this newsletter to share exciting work from our growing network of researchers, practitioners, lived experience experts, and other collaborators!

We hope you find it useful and if you have any ideas for other things that should be included, we'd really like to know.

A note: This newsletter is for the whole Discovering Liveability project, not just the Lived/Living Experience hub, which will share its own updates and newsletters later in the project.

[Click here](#) to watch our first video introduction to the project!



Publications

'The Cruel Optimism of Suicide Prevention: thinking beyond the mental health model'

- This paper emerged from the Suicide In/As Politics (SIAP) and was written by Discovering Liveability team members Hazel Marzetti, Amy Chandler, Alex Oaten and Ana Jordan. Funded by the Leverhulme Trust, the SIAP project used qualitative methods to investigate how suicide is constructed and responded to in UK politics, and how members of diverse publics respond to the political uses of and responses to suicide.

"We're Here, We've Got Changed, We're Going Out": Wild Swimming Groups as Ecologies of Care

- Two Discovering Liveability researchers Sarah Huque and Emily Yue recently published as part of their Sea to Spruce project: A Pilot Study of Green & Blue Space Community Groups for Mental Health Improvement project, which is funded by Edinburgh Mental Health.

Events

External

Sitting with Suicidality Training: Run by Co-investigator Fiona Malpass- this one-day training offers a space to talk about suicide and suicidality, to explore and reflect on different perspectives and assumptions, and to think about what may or may not be helpful for the people we are supporting. Spaces can be booked here:

<https://www.tickettailor.com/events/mindincamden/1897008>

Lived & Living Experience Hub Pre-launch events

Based on feedback from our soft launch event back in September and in collaboration with advisory board members, we'll soon be announcing our next hub pre-launch* event(s). Stay tuned!

***The Lived and Living Experience Hub will officially launch in 2026/27 when 6 Lived Experience researchers will join the Discovering Liveability team. In the lead up, we're running a series of 'pre-launch' events which will bring people together and explore some of the topics of interest that the hub will convene around as it develops.**

Blogs

Kicking off the conversation about the Discovering Liveability Lived and Living Experience Hub: A Soft Launch Recap.

WPI lead Lynne recaps how our first event in September went - the first step to building toward a Lived and Living Experience Hub in Suicide Research.

Building the Lived & Living Experience Hub: Site Visit 1 -

Canada, Co-Investigator Sarah Huque kicks off our brand-new blog series about work package 1's site visits- with a reflective blog about her visit to Canada back in the summer. During her trip, Sarah visited and learned from research groups and practitioners already engaged in the messy, important work of centring lived and living experience perspectives in suicide prevention work.

Team updates

We are sad to be saying goodbye to two brilliant team members this month- **Emily Yue and Joe Anderson** are moving on from Discovering Liveability and we wish them all the best on their next adventures!

Since September we've welcomed **four** more team members:

- **Debbie Solomon and Nakkita De Silva** joined Work Package 2 (Community & Peer Support) as Research Assistants and will also be completing their PhDs during their time on the project.
- We also welcomed **Tom Wadsworth** to Work Package 4 (Policy & Politics). They will be working on the policy analysis element of this work package, examining how wider government policies and practices shape responses to suicide and liveability.
- Finally, **Georgie Akehurst** joins us from the Suicide Cultures project. Georgie will be working part time as a Research Fellow on work package 1 over the next few months.



Debbie Solomon
Research Assistant/PhD



Nakkita De Silva
Research Assistant/PhD



Tom Wadsworth
Research Fellow



Georgie Akehurst
Research Fellow

Job Opportunities

Post-doctoral Research Fellow- Discovering Liveability

Work Package 1 (Lived Experience) is currently looking for a new Research Fellow. This post would suit someone who has:

- A PhD in relevant field (e.g. critical suicide studies, sociology, anthropology).
- Experience in qualitative research methods, especially ethnography and institutional ethnography.
- The ability to communicate complex information clearly, orally and in writing (including for academic publication).
- A developing record of peer-reviewed publications.

Applications close on the 17th November. To read more and apply go to this link:
https://elxw.fa.em3.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX_1001/job/13269

Post-doctoral Research Fellow- Rain within the Rainbow

Discovering Liveability Co-investigator Hazel Marzetti is currently recruiting a post-doctoral research fellow for her project, The Rain Within the Rainbow. This project sits within our wider Critical Suicide Research Group and is focused on improving understandings of LGBTQ+ suicide and suicide prevention in the UK.

Applications close on the 21st November.

To read more and apply go to this link:

https://elxw.fa.em3.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX_1001/job/13314

Australia site visits

Co-investigator Hazel Marzetti is off to Australia this week for the next international site visit. She'll be visiting organisations like [Orygen](#) and [Black Dog Institute](#) as well as meeting other researchers and practitioners doing important work with lived and living experience and suicide prevention. Stay tuned on our social media channels to follow her on the trip!

Collaborator updates

Do you have some news, an event or project that might be of interest to our growing network? Email us discoveringleveability@ed.ac.uk and we will share it in our next quarterly newsletter (our next newsletter will be scheduled for around February 2026).

Thank you reading!



Next issue: February 2026