

Our Regular Newsletter

#003 | 18th May 2026

Issue 3 of **In the Loop** is here!

In this quarterly newsletter, you'll find all kinds of updates from the Discovering Liveability project, along with exciting work from our growing network of researchers, practitioners, lived experience experts, and other collaborators.

Top three announcements

1

We recently launched our new Discovering Liveability project website!

This site is now the official home of the project- where you can find core information, updates and ways to get involved in the project. Our blog space will stay live as a space where we continue to share reflections and insights from our research activities.

Follow the link below!

 <https://discovering-liveability.ed.ac.uk/>



2

Your input is needed! Help us shape future hub events

In the third year of the project, starting in September 2026, as part of the Living and Living Experience Hub (The Hub for short) we will be offering a programme of online events aimed at building connections and facilitating knowledge exchange between organisations, lived experience experts, activists and researchers from across the world.

To make sure that the programme reflects the interest and experience of our stakeholders, we need your help. Please take five minutes to fill out the form linked below to tell us the types of events you would like the Hub to offer 2026-27, and whether you would be interested in using an event to share your work, or co-create a space for connection and reflection.

[Click here to go to the form.](#)

3

Interview with BBC Radio 4- 'Thinking Allowed'

Discovering Liveability Co-Investigators Sarah Huque and Alex Oaten were recently invited to speak about our work and previous project Suicide Cultures on the BBC Radio four talk show **Thinking Allowed**.

The show will air on Tuesday 26th May at 4:30pm British Summer Time. And if you can't listen then, it will be available as a podcast episode afterwards on BBC Sounds. **[Link to Thinking Allowed on BBC Sounds](#)**.



Writing, Publications & Events

Blog posts

Here's a rundown of the latest blogs we've published:

Report Launch – Unliveable Inequality: How Wealth Gaps Shape Suicide in the UK, Guest blog by Anita Sangha from The Fairness Foundation. Anita Sangha recaps the roundtable event hosted last year in partnership with Discovering Liveability and introduces her report which was written as a follow up to this work.

Safe space or digital cage? The new rules of researching lived experience online. In this blog Paro reflects about the ways in which the Online Safety Act is limiting access to suicide-related support spaces and knowledge, potentially reshaping both what can be shared publicly and how suicide research can be undertaken.

Coming soon! Just Tryna Stay Alive: What UK Rap and Hip Hop Tells Us About Liveability. Written by Research Assistant Nakkita De Silva.

Events

In Conversation: Jess Worner & Iona MacTaggart talking Peer Support & Suicide

In this online event, we will host Iona MacTaggart from **Living Warriors** and Jess Worner from the **National Suicide Prevention Alliance** to share their experiences and knowledge about peer support and suicide with a focus on the role of lived and living experience in this space. The event is online and free.

[Click here to register](#)

Conferences

Discovering Liveability team members recently presented initial findings and works in progress from their work packages at BSA Annual Conference 2026: 75 Years of Sociology and at the 5th Annual Suicide Research Symposium (SRS).



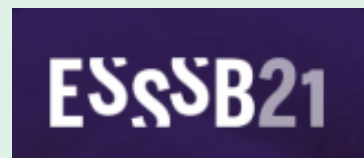
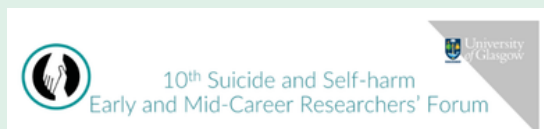
You can watch our teams' presentation at SRS here:

<https://www.youtube.com/watch?v=MXVVDIEQyzE&t=3699s>



Coming soon!

In the summer different team members will also be attending the Early and Mid-Career Researchers in Suicide and Self-Harm conference at the University of Glasgow and the 21st European Symposium on Suicide and Suicidal Behaviour in Lithuania.



Appreciation for Discovering Liveability Research Advisory Group.



Last week, on May 13th, we held our second full Research Advisory Group meeting. We also recently completed the final round of four separate sub-advisory meetings, each focused on an individual work package within the project. We would like to express a huge thank you and appreciation to all advisory board members for the generous time, insight, and contributions shared across these meetings. We look forward to continuing to connect and work together in different ways as project activities develop. Read more about our fantastic advisory board members [here](#).

Thank you for reading!

If you would like to sign up to receive future newsletters, head to our **blog site and enter your details into the subscription box:**

<https://blogs.ed.ac.uk/discovering-liveability/>

Next issue: September 2026